

SOUND COACH

Vocal aerobics to strengthen your speech ambience
(or just making funny noises with your mouth...)



SOUND SURVEY

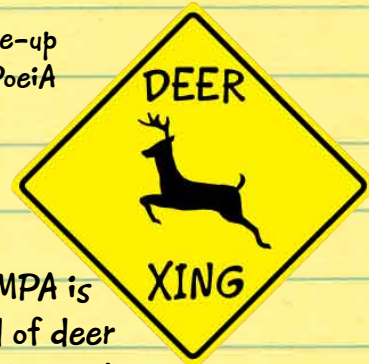
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|----------------------------|---------------------------------------------|
| Can you roll your tongue? | Can you do a raspberry? |
| Can you whistle? | Do you make a good explosion sound? |
| Can you sing? | Do you go bbbbbbrrrr! when it's cold? |
| Can you imitate a snore? | Can you buzz through your teeth? |
| Can you growl? | Can you hiss like a cat? |
| Can you click your tongue? | Can you say "HI!" in a high annoying voice? |

Those are 12 basic noises most everyone can do!
If Mr Brown can do it, so can you!

ONOMATOPOEIA

Basically, Onomatopoeia is/are a word imitation of a sound.
It is how we write and speak the noises we hear.

ONOMATOPOEIA is a conversational speed bump. It is difficult to pronounce, it sounds like a made-up word, and you have to constantly explain what they are. So from now on, I will abbreviate Onomatopoeia into OMPA. Which coincidentally is the sound of going over a speed bump! VROOM-OMPA!



This OMPA is
The sound of deer
crossing the road.
XING!

ROAR! SPLASH! POW!
Are onomatopoeia.

Comic books use them, as did the
old Batman show. Whack! Slam!

Sound it out! Picture what a banjo sounds like.
Write down the word describing that sound. That's your own OMPA!

ONOMATOPOEM

We have a voice-box and falsettos, we have strong lips and teeth.

We have dancing tongues and flexible floppy cheeks!

We have snifflly noses, we can huff and hawk,
we can resonate **LOUDLY** or whisper when we talk!

We growl and we grunt, we whistle, pop and boom
We can snort, squawk, poit, squeak, hum and zoom!

We are natural imitators, we do birds and jets and trains!

And I have found that people won't mess with you,

when they think you're insane!



WARM UPS

CARDIO

Breathing/relaxation techniques

Gasp and sighing

Huff and puff

Seesawing air

Whispers

VOICE STRETCHES

Ahem

Opera

That movie guy

Special effects, loud-soft, fade

The evil laugh

Hum and Whine

FALSETTO 440s

Girly man voice

Tarzan waver

Yodeling Yoga

LIP LIFTS & TEETH TORQUE

Rolls

Ssh!

Chai chin-ups

Puttin' on the Spritz

SINUS SQUATS

Snicker

Snort

Sniffles



TONGUE & CHEEK TONING

Arriba!

Ex-Plosives

Flutter flexes

Slurp

Floppy

HANDS ON TRAINING

Jellyfish

Droopy the Dog

Underwater

Shout Cup

Muffler

LISTENING PRACTICE!

WORKOUT

THROAT CRUNCHES

Groan Gymnastics

Squeak Exercises

Creak Sets

Honk Hurdles

Growl Grinds

Boom Building

Screech Sprints

Crack Calisthenics

Gargle Relays

Snort Shaping

Purr Presses

MOUTH LAPS

Laddles laterals

Trill training

Click Course

Squish Drills

Pbflitt Pilates

Pop Pumping

Smack Practice

Kiss Ups

Poit Push ups

Whoosh Dash

Chirp Flexes

Bagok Burn



THROAT CARE
PRACTICE
COOL DOWN

FUN WITH OMPA

STANDARD OMPA

Imitate the sound of these OMPA!

Zoom!

Flush!

Ping!

Splat!

Splash!

Clang!

Doink!

SOUNDED OUT OMPA

Imitate these unusual OMPA!

Rim shot- Didum Tiss!

Whip- Foit Tissh!

Pistol- Pishooow!

Sprinkler- Siksiksik, Sik! Sik! Sik!

Magic Wand- Bbbbling!

Bouncy Ball- Boi yoi yoi going!

Galloping Horse- Petty Cope

Sounds can enhance storytelling.

Sounds grab attention!

Your voice is your instrument!

Always remember, laughter is the best medicine!

Creaky doors create spooky ambience!

Kids speak with sounds!

Be as noisy as you can be!



Charlie Williams

www.noiseguy.com

charlie@noiseguy.com

Seattle, Washington, USA

Author, kids' comedian,

cartoonist, animator and

vocal sound impressionist!

The full version of this workshop is available in downloadable pdf form for 5 bucks.

Go to www.noiseguy.com/contact/html

For free video instructionals go to www.soundsafariTheater.com/onomatopoeia